

Nome GARA

GF 3 Valli Varesine

Luogo : Varese

Percorso : Lungo

Lunghezza (KM) : 126

Dislivello (M) : 2100

Totale arrivati : 1048

Meteo : sereno

POS.ASS.	COGNOME	NOME	CAT	POS	TEMPO	DISTACCO
1 99	SELETTO	ALAIN	45/49 M	2	3:33:13	+16:35
2 125	PELASSA	SIMONE	19/34 M	86	3:33:59	+17:21
3 156	CUCINSCHI	CRISTIAN	19/34 M	98	3:37:27	+20:49
4 168	ROGGERO	ALBERTO	40/44 M	16	3:39:04	+22:26
5 208	LENTA	LORENZO	35/39 M	52	3:41:58	+25:20
6 257	REZZANI	MICHELE	45/49 M	20	3:44:28	+27:50
7 260	CASETTI	MARCO	40/44 M	29	3:44:36	+27:58
8 276	BAROTTI	ENRICO	45/49 M	26	3:45:35	+28:57
9 301	NARETTO	ERIC	19/34 M	148	3:46:56	+30:18
10 307	FORNERO	SERGIO	19/34 M	153	3:47:08	+30:30
11 352	ACCARDI	LORENZO	19/34 M	168	3:50:26	+33:48
12 376	DE LORENZI	GABRIELE VITO	19/34 M	179	3:51:54	+35:15
13 386	MAGNI	WALTER	50/54 M	35	3:52:33	+35:55
14 397	BUSSONE	ROBERTA	40/44 W	1	3:54:07	+37:28 1a donna
15 427	MEZZERA	PAOLO	40/44 M	61	3:56:12	+39:34
16 445	ROSSO	SIMONE	35/39 M	82	3:57:25	+40:47
17 489	CENA	EMILIANO	50/54 M	51	4:01:06	+44:28
18 491	LONOBILE	LUIGI	50/54 M	53	4:01:11	+44:33
19 542	VITILLO	MASSIMO	50/54 M	59	4:04:29	+47:51
20 557	CENI	STEFANO	50/54 M	62	4:05:27	+48:49
21 561	DE MARCHI	SABRINA	35/39 W	5	4:05:57	+49:19
22 572	DELLA DONNA	SAVERIO	55/59 M	39	4:06:53	+50:15
23 606	LAUDADIO	ANTONIO	19/34 M	230	4:10:41	+54:03
24 615	CAVALLI	DAVIDE	55/59 M	43	4:11:02	+54:24
25 623	GUARDAMAGNA	MARCO	19/34 M	237	4:11:48	+55:10
26 636	MANZETTI	MAURO	45/49 M	74	4:12:35	+55:57
27 646	MARANGON	SIMONE	45/49 M	80	4:12:55	+56:17
28 691	ACCARDI	CARLO LUIGI	55/59 M	51	4:16:22	+59:44
29 717	CAPELLA	MATTEO EMANUEL	19/34 M	260	4:19:03	+1:02:25
30 720	SANTAMARIA	SALVATORE LUCA	40/44 M	94	4:19:33	+1:02:55
31 734	FRIGOLI	GIOVANNI	50/54 M	99	4:21:19	+1:04:41
32 737	DEBERNARDI	ELISABETTA	55/59 W	1	4:21:59	+1:05:21
33 789	PIPINO	MARCO GIOVANNI	55/59 M	65	4:26:57	+1:10:19
34 790	PETRUZZA	SIGISMONDO	55/59 M	66	4:26:59	+1:10:21
35 809	FONTANA	MASSIMO	55/59 M	70	4:28:44	+1:12:06
36 858	DI SALVO	MARCO	50/54 M	121	4:35:37	+1:18:58
37 860	VIRZI	ETTORE	50/54 M	122	4:35:39	+1:19:00
38 896	RICCI	GIORGIO	55/59 M	73	4:42:47	+1:26:09
39 905	ANTONIOLI	LANFRANCO	65/69 M	4	4:44:40	+1:28:02
40 1006	MEZZAPESA	DANIELE	45/49 M	137	5:16:04	+1:59:26

41 1032 OCCHETTI VALTER GIOVANNI 65/69 M 11 5:34:01 +2:17:23

Percorso : Medio

Lunghezza (KM) : 100

Dislivello (M) : 1640

Totale arrivati : 935

1 45	RIZZA	SERGIO	19/34 M	40	2:49:20	+7:58
2 50	MONA	LEONARDO	19/34 M	44	2:50:32	+9:09
3 72	COLOMBO	CLAUDIO	60/64 M	1	2:53:36	+12:14
4 164	CARBONE	STEFANO	55/59 M	6	3:03:22	+22:00
5 166	BERGIA	LUCIANO	60/64 M	12	3:03:30	+22:08
6 169	CANARELLI	SIMONE	19/34 M	73	3:03:34	+22:12
7 274	APPENDINO	ROBERTO	65/69 M	5	3:11:25	+30:03
8 288	QUATERNI	DANILO	45/49 M	26	3:12:06	+30:44
9 340	CEVA	PIERO ADOLFO	55/59 M	32	3:16:07	+34:44
10 353	ANTONINO	ANTONIO	60/64 M	42	3:17:09	+35:47
11 354	TRENTO	CHIARA	19/34 W	11	3:17:09	+35:47
12 386	DE SCIORA	MATILDE	19/34 W	15	3:19:26	+38:04
13 396	MURA	FRANCESCO	60/64 M	49	3:20:13	+38:51
14 399	POZZOLI	CLAUDIO	60/64 M	51	3:20:19	+38:57
15 430	LOSANO	FIGURELLO	65/69 M	13	3:22:48	+41:25
16 470	MODESTI	STEFANO	55/59 M	59	3:25:37	+44:15
17 512	VILLANO	MANUEL	19/34 M	119	3:29:08	+47:46
18 553	CHIAPPA	ALBERTA	50/54 W	12	3:32:53	+51:30
19 563	LUSSO	MARCO	55/59 M	72	3:33:32	+52:10
20 663	VALENTE	GABRIELLA	35/39 W	5	3:43:10	+1:01:48
21 668	MARLETTO	MILO	50/54 M	60	3:43:43	+1:02:21
22 692	CURTI	MARCO	60/64 M	81	3:46:11	+1:04:49
23 697	CAPRARELLI	SALVATORE	55/59 M	91	3:46:46	+1:05:24
24 772	SPADAFINA	VITO	50/54 M	79	3:59:54	+1:18:32
25 792	LAZZAROTTI	FRANCO	45/49 M	81	4:03:12	+1:21:50
26 794	MESSA	RICCARDO	40/44 M	81	4:03:31	+1:22:09
27 915	IPPOLITO	PATRIZIA	55/59 W	13	4:53:30	+2:12:08

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